**(Osteo)** [**Arthritis**](https://www.cdc.gov/arthritis/index.htm) **(CDC)**

About 1 in 4 US adults (23.7%) or about 58.5 million people have doctor-diagnosed arthritis.1 Arthritis is more common in women (23.5%) compared with men (18.1%), more common among adults with fair/poor health (40.5%) compared with those who have excellent/very good health (15.4%), and less common among adults who meet physical activity recommendations (18.1%) compared with adults who are insufficiently active or inactive (23.1% and 23.6%, respectively).  Arthritis prevalence increases with age.1

Arthritis-Attributable Limitations

Arthritis can have substantial impacts on individuals and their function. About 43.5% (23.7 million) of the 58.5 million adults with doctor-diagnosed arthritis have limitations in their usual activities due to their arthritis.1

SOURCE: <https://www.cdc.gov/arthritis/data_statistics/national-statistics.html>

**Estimated and Projected Number of Adults with Doctor-Diagnosed Arthritis in the United States**

The prevalence of US adults who reported doctor-diagnosed arthritis, by year:

* 2004: 46 million.
* 2008: 50 million.
* 2011: 53 million.
* 2014: 54 million.

The projected prevalence of US adults who will report doctor-diagnosed arthritis, by year:

* 2020: 63 million.
* 2025: 67 million.
* 2030: 72 million.
* 2035: 75 million.
* 2045: 78 million.

SOURCE: <https://www.cdc.gov/arthritis/data_statistics/national-statistics-text-version.html>